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Nov. 1-30: Select your employee and family benefits

Celebrating our legacy together



60 YEARS

OF MOVING MEDICINE FORWARD

UF HEALTH SHANDS | CARE+QUALITY

Q&A WITH THE CEO – ED JIMENEZ

Insights from our UF Health Shands CEO

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FSC LOGO

CEO Ed Jimenez shares his perspective in each edition of this News+Notes staff magazine. He also posts on the Bridge intranet homepage under "Leaders Online" and "Leadership Status Updates," so please visit the portal to check out the latest. This month, we're focused on the UF Health Shands hospital system's 60th anniversary.

You came to UF Health as our hospital chief operating officer and executive vice president exactly eight years ago. What attracted you to come here from St. Joseph's Healthcare System in New Jersey?

I was eager to come here because the UF Health Shands hospital system had already earned a great national reputation for providing world-class patient care. I knew that our faculty and staff were committed to supporting the community and serving as an important health care resource regionally and nationally. I value the academic mission, being part of a university system that's making scientific breakthroughs and training tomorrow's health experts. This is a place where we're not just making miracles happen every day but we're helping to advance medicine, change the course of health care and create a better future.

This is an exciting and impressive place to put down roots and build your career, and I was honored to come in and help guide the hospital system and support the overall academic organization. We have all this talent and expertise and incredible opportunities to keep expanding what we do for our patients.

What challenges excite you about our work here?

We don't draw from a metropolitan area — we think much more broadly. We absolutely have to think how we can draw patients from all over the state and throughout the Southeast. Our great medical school is continually on an upswing and the hospital participates in the growth of the medical school and all the research we're doing. We really have to be a resource for the state, focused on patient care, training, research and community development. These are exciting challenges.

What's your vision for the future; what goals lie ahead?

The future is about continuing to innovate and improve patient outcomes, supporting the College of Medicine advances in clinical and translational science and taking research discoveries to patients faster and more efficiently. A great example is the NIH grant (\$12 million) the college received in 2014 for sepsis and critical illness research, stemming from our sepsis research program and the efforts by our surgery colleagues. The college-hospital collaboration is what sets us apart.

We're going to have continued partnerships with other hospitals and health systems to demonstrate how we can provide even better care, connect with our communities locally and beyond and take health care resources where people need them.

You visit with each new employee orientation class and give an introduction about the system. What common traits do you see in our new hires?

Our new faculty and staff also want to be part of something special. They will get



UF Athletic Director Scott Stricklin awarded UF Health Shands CEO Ed Jimenez a commemorative jersey at the Sept. 8 football game as part of UF Health Shands Hospital's 60th Anniversary celebration, and in honor of the care team who gave patient Nikia Ingram a second chance at life. (From left) Daniela Hofacker, R.N., EMT-P, UF Health ShandsCair flight nurse; Thomas Beaver, M.D., M.P.H., UF College of Medicine thoracic and cardiothoracic surgery chief; Mauricio Pipkin, M.D., UF College of Medicine thoracic and cardiovascular surgeon; Scott Stricklin, UF athletic director; and Ed Jimenez, UF Health Shands CEO.

to see the way we provide lifesaving treatments, give empathy to families and make a difference in moving medicine forward. They're excited to feel part of it by experiencing it firsthand. You can think of a teaching environment as intimidating and exciting — and soon it becomes personal. We are all part of what's special here.

It's our hospital system's 60th anniversary. We have many staff who have been here decades and feel part of the legacy. You're still relatively a newbie! How do you feel about this milestone?

Whether you've been here 20 years or one year, you've participated in changing lives! We keep improving outcomes, offering more services, taking care of more people in more convenient locations with the same quality service and caring compassion. Stick around for more remarkable discoveries. When our people are united to help others, amazing things happen.

When we think about our co-workers, we're a family. We spend lots of time together, we're going to grow together, celebrate work and personal triumphs together and even cry together sometimes. You're not treated like a number, and this isn't a factory or a for-profit business focused on the bottom line. We're together as a family, making a difference for patients and each other. We need to treat each other the way we treat our patients. If you do this right, you create a family environment for everybody. This way, we lift each other up to do our best work. All the right ingredients are here and it really is awesome.

For this major anniversary: Stop a moment, take time to reflect on what YOU have personally accomplished here. You do things every day that may not always be recognized by others, but everything you accomplish for us is important. Thank you! Take time to reflect on your part of this bigger picture. You're appreciated. 📌

HAVE A QUESTION FOR THE CEO? Email Kim Rose, director of strategic communications with UF Health Communications, at roseka@shands.ufl.edu and she'll share your question with Ed Jimenez for an upcoming CEO column.



UF HEALTH SHANDS | EVENTS+ACTIVITIES

CELEBRATING OUR LEGACY TOGETHER

UF Health Shands — 60 years of moving medicine forward

BY MICHELLE MOORE

Sixty years ago, UF Teaching Hospital opened as the first hospital in Florida affiliated with a medical school, UF’s new College of Medicine. Since opening our doors in 1958, UF Health Shands staff have treated more than 2.75 million inpatients. As we take time to celebrate this significant milestone and the birth of what is now UF Health Shands, we can look back on our hospital system’s history and its profound impact on health care not only in Florida, but across the nation and around the world.

Take a trip down memory lane! Read about some of our milestone accomplishments that have led UF Health Shands to where and who we are today — a vital part of UF Health, the flagship hospital responsible for improving health and quality of life for people throughout the state, region and beyond. Thank you for all you do to continue this legacy.



1950s



1958
On Oct. 20, the 400-bed UF Teaching Hospital opened.

Nancy Sue Smith of Williston was the first patient admitted to the UF Teaching Hospital.



On Dec. 10, 1958, our first baby was born at the UF Teaching Hospital.

1959
UF College of Medicine physicians performed the state’s first open-heart surgery, a five-hour procedure, on an 8-year-old girl.

1960s

1962
UF Teaching Hospital received one of four dialysis machines in the U.S.

1965
The UF Teaching Hospital name was changed to the W.A. Shands Teaching Hospital and Clinics, after Sen. William A. Shands, who was pivotal in its inception.



1960s

1965
Florida’s first neonatal ICU was established at Shands Teaching Hospital.

1966
UF College of Medicine physicians performed the state’s first kidney transplant at Shands Teaching Hospital.

1970s

1970
The state’s first total hip replacement surgery took place at Shands Teaching Hospital.

1972
Shands Teaching Hospital admitted its 200,000th patient.

1974
UF College of Medicine physicians implanted the nation’s first computerized 20-year rechargeable pacemaker at Shands Teaching Hospital.

1976
The nation’s first computerized cardiac cath lab for adults and children opened at Shands Teaching Hospital.

1978
We opened our Burn ICU at Shands Teaching Hospital.

1979
The Hyperbaric Chamber, on loan from NASA, opened at Shands Teaching Hospital.

Shands Teaching Hospital became a private, not-for-profit corporation and was renamed Shands Hospital.



1980s

1981
The ShandsCair emergency transport program was established.

1983
 The certificate of need was approved for Shands Hospital to add 140 acute care beds and 60 rehabilitation beds.

1984
 The hospital's central Atrium and new front lobby were added.

The new Patient Services Building opened with 476 beds.

1985
 The first CMN Telethon was held at Shands Hospital.

The state's first MRI was installed at Shands Hospital.

Cochlear implants were invented by UF College of Medicine faculty members and used for the first time at Shands Hospital.

1986
 UF College of Medicine surgeons performed the hospital's first liver transplant.

UF College of Medicine surgeons performed Florida's first pediatric heart transplant.

1989
 The UF Consultation Center was established to help with physician referrals.

Shands Hospital added 72 beds, for a total of 548 beds.

1990s

1991
 Our new freestanding MRI facility opened.

1993
 Surgeons performed the state's first infant heart transplant at Shands Hospital.

1994
 Surgeons performed the state's first adult lung transplant at Shands Hospital.

1996
 Shands Hospital acquired the community and specialty hospitals formerly operated by AvMed SantaFe.

Our organization rebranded to Shands HealthCare.

Shands Children's Hospital at UF is designated as a children's hospital-within-a-hospital.

Surgeons performed Florida's first pediatric lung transplant.

1990s

1998
 The nation's first center for LINAC radiosurgery to treat brain tumors opened.

1999-2000
 We transitioned successfully into Y2K, despite the feared "millennium bug" that people thought would disrupt computers and electronic processes worldwide.

2000s

2001
 The Southeast's first comprehensive clinic for mild traumatic brain injury opened at Shands at UF and was the first in the nation linked to a research center (the Evelyn F. and William L. McKnight Brain Institute).

2003
Two sets of triplets were born on the same day, garnering Shands at UF lots of media coverage, including the front page of CNN's website.

2006
 College of Medicine surgeons used the Berlin Heart in a 9-year-old boy, the first child in Florida to receive this "bridge to transplant" device.

2008
 UF Health Shands Hospital received the Florida Governor's Sterling Award, the state's top honor for performance excellence and quality care.

2009
UF Health Shands Cancer Hospital opened with 192 private rooms and 12 operating rooms.

The UF Health Shands E.R. and Level 1 Trauma Center opened in the new facility. The new trauma center was the largest in the region and was designed upon opening to manage up to 100,000 cases per year.

David S. Guzick, M.D., Ph.D., was appointed senior vice president for health affairs at UF and president of UF Health, and given oversight of the hospital enterprise. Dr. Guzick was charged with bringing the UF College of Medicine and the rest of the Health Science Center into even closer alignment with Shands HealthCare. The following year, he introduced the first of our integrated strategic plans for the academic health center.





2010-13

2014

2015-16

2017

2018



2010
UF&Shands becomes the new name for our functionally integrated academic health center.

We celebrated the launch of Epic, our new Electronic Medical Record system.

2011
 The UF Health Shands Pediatric E.R. opened with its own entrance, 13 patient treatment rooms and two waiting rooms.

2012
 UF Health Springhill, an 111,000-square-foot multispecialty center for outpatient care, opened.

2013
The UF Health Shands Emergency Center at Springhill opened as our first 911-receiving, 24/7 freestanding E.R.

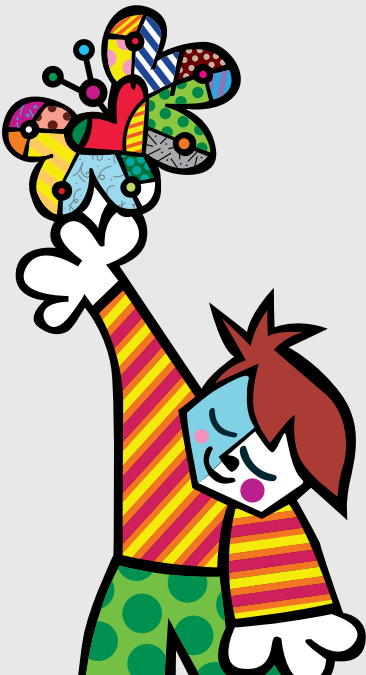
UF&Shands was rebranded UF Health to better reflect our role as the university's health center.



2014
 The UF Health Shands Comprehensive Stroke Center was certified as a designated Joint Commission comprehensive stroke center.

Hospitality & Service training rolled out across UF Health Shands, the UF College of Medicine and UF Health Physicians.

UF Health Shands Children's Hospital got a significant makeover with a new family-centered entrance and lobby to welcome young guests and their loved ones.



2015
 In 2015 and 2016, UF and UF Health were included in Forbes' listing of "America's Best Employers."

The Florida governor and the Department of Health recognized the UF Health Cancer Center as a state-designated Cancer Center of Excellence.

2016
 The UF Health Emergency Center at Kanapaha opened as our second 911-receiving, 24/7 freestanding E.R.

UF Health was listed among the health care industry's "Most Wired" facilities for our commitment to using advanced technology for a better patient experience.

2017
 UF Health Shands tied for first place in the state for hospital systems with the most current gold-level AACCN Beacon Awards for Nursing Excellence.

TWO NEW HOSPITALS OPENED:
The UF Health Heart & Vascular Hospital opened with five ORs, three hybrid ORs, 38 pre- and post-op rooms, 16 PACU beds, 72 private ICU rooms, 48 private med/surg rooms and physician outpatient practices.

The UF Health Neuromedicine Hospital opened with five ORs, two hybrid ORs, 38 pre- and post-op rooms, 16 PACU beds, 48 private ICU rooms, 48 private med/surg rooms and physician outpatient practices.

2018
 Our second UF Health Springhill facility opened as a 72,000-square-foot multispecialty outpatient center.

UF Health Shands hospitals and programs earned our fourth-consecutive Magnet designation from the American Nurse's Credentialing Center, the ultimate "gold standard" measure of nursing achievement.





UF HEALTH SHANDS | EVENTS+ACTIVITIES

LEADERSHIP THROUGH THE YEARS

A look back at the visionary leaders of Shands

As we celebrate 60 years of moving medicine forward, let's take a quick look back at the executive leaders at the helm of our Gainesville hospitals.

1958-1959 — **Russel S. Poor**, acting director, UF Teaching Hospital

1959-1965 — **L. Russell Jordan**, director, UF Teaching Hospital

1965-1968 — **Herluf V. Olsen Jr.**, director, Shands Teaching Hospital and Clinics

1968-1970 — **Stuart A. Westbury Jr.**, administrative director, Shands Teaching Hospital and Clinics

1970-1975 — **Wayne H. Herhold**, director, Shands Teaching Hospital and Clinics

1975-1977 — **George T. Singleton M.D.**, director, Shands Teaching Hospital and Clinics

1977-1987 — **John E. Ives**, executive vice president, Shands Teaching Hospital and Clinics

1987-1997 — **Paul E. Metts, C.P.A.**, chief executive officer, Shands Hospital

1997-2001 — **J. Richard Gaintner, M.D.**, chief executive officer, Shands HealthCare

2001 — **Jodi J. Mansfield**, interim chief executive officer, Shands HealthCare

2001-2014 — **Timothy M. Goldfarb**, chief executive officer, Shands HealthCare

2014-2015 — **Ed Jimenez**, interim chief executive officer, UF Health Shands

2015-present — **Ed Jimenez**, chief executive officer, UF Health Shands



John E. Ives



Paul E. Metts, C.P.A



J. Richard Gaintner, M.D. .



Ed Jimenez and Timothy M. Goldfarb

UF HEALTH SHANDS | EVENTS+ACTIVITIES

UF HEALTH SHANDS 60TH ANNIVERSARY

Share your story!

UF Health Shands employees: We want to hear about your favorite UF Health memory or what inspires you to work here. You'll be entered into a drawing for 60th anniversary giveaways and the chance to receive one day of PTO.

Don't have access to a computer? No worries. Please ask your manager for a 60th Anniversary Share your Story form. You can fill it out and send it to us. Detailed instructions are on the form.

The deadline is Nov. 16.

- Go to Bridge.UFHealth.org/60
- Select the 'Share your Story' tab on the top blue ribbon
- Share your story!

Check out the Bridge.UFHealth.org/60 for all things 60th Anniversary — videos, facts and photos. Take the **60th Anniversary Quiz** for a chance to win a fun 60th Anniversary prize pack. (All of the answers are in this edition of News+Notes and on the Bridge!)



UF HEALTH SHANDS | EVENTS+ACTIVITIES

WHAT'S IN A NAME?

A hospital by any other name ...

As we celebrate 60 years of Moving Medicine Forward, let's remember all of the names that have been associated with UF Health Shands.

1958 — UF Teaching Hospital

1965 — W.A. Shands Teaching Hospital and Clinics

1979 — Shands Hospital

1996 — Shands at UF (part of Shands HealthCare and UF&Shands)

2013 — UF Health Shands Hospital (part of UF Health)

UF HEALTH | GROWTH+EXPANSION

UF HEALTH OPENS NEW COMPREHENSIVE SPINE CENTER

Neuromedicine hospital is ideal setting for enhanced approach to spine care

BY TODD TAYLOR



(From left) UF College of Medicine neurosurgeons William Fox, M.D., Adam Polifka, M.D., and Daniel Hoh, M.D., are part of a multidisciplinary team improving care for patients with back and neck pain at the new UF Health Comprehensive Spine Center.

Back and neck care for residents of Gainesville, the Southeast and beyond took a significant step forward with the launch of the UF Health Comprehensive Spine Center on Aug. 6.

Using a multidisciplinary approach, the center unites spine, neck and back pain experts from several UF College of Medicine departments under one roof, including neurosurgeons, orthopaedic surgeons, physical medicine and rehabilitation physicians, pain physicians and neurologists.

“The current state of spine care in the U.S. is very fragmented — patients go from location to location, seeing multiple doctors, often ending up frustrated and without any solutions,” said **Daniel Hoh, M.D.**, a UF College of Medicine neurosurgeon and an associate professor of neurosurgery.

“This center provides a system where patients don’t need to see two or three different physicians for surgical and nonsurgical opinions, or wait to be referred elsewhere. The resources are all right here and are available for patients seeking same-day appointments.”

Experts estimate that nearly 80 percent of the U.S. population will experience back problems during their lifetime. The root cause of back and neck pain can be wide-ranging, leaving patients unsure of where to seek an initial consultation. This type of pain is the second-leading cause of primary care physician visits, and E.R.s are another common point of entry for these patients.

Kevin Vincent, M.D., Ph.D., a College of Medicine associate professor of orthopaedics and rehabilitation, said this often

leads to a delayed diagnosis. The center, he said, represents a much-needed move toward more comprehensive back and neck care.

“Our multidisciplinary approach will allow us to address the reasons behind back pain more quickly,” said Vincent, the medical operations director of the UF Health Orthopaedics and Sports Medicine Institute. “This will lead to less use of medications that frequently aren’t beneficial, particularly narcotics and muscle relaxants. Additionally, it will lead to more appropriate use of advanced imaging and testing.”

Centrally locating specialists from various medical disciplines also will reduce referrals, expedite the process of connecting patients with the appropriate care expert and provide a wider range of treatment options.

“Modern comprehensive spine management involves a spectrum of treatments, from activity modification and therapy to minimally invasive pain management procedures to advanced surgical solutions,” said **Stephen Lucas, M.D.**, a College of Medicine associate

professor of anesthesiology and associate chair of pain medicine. “By bringing all the specialties together we can focus on how to best improve the quality of life of our patients.”

With more funds being allocated to treat back and neck pain than nearly any other medical condition in the U.S., the center’s model is the wave of the future, said **Brian Hoh, M.D.**, College of Medicine chair of the Lillian S. Wells Department of Neurosurgery and a member of UF’s Evelyn F. and William L. McKnight Brain Institute.

“This is a very real-world societal issue that’s putting a strain on our health care system,” Hoh said. “We expect the center will not only allow us to improve patient satisfaction and quality, but also increase the efficiency of hospital resources and lower the cost of care by reducing redundancies and variation in care.”

Hoh said the center’s location within the UF Health Neuromedicine Hospital is the ideal setting for this enhanced approach to spine care.

He added, “With a comprehensive

spine center, patients benefit from the best possible patient-centric care that is personalized and individualized for each patient, whether the treatment is nonsurgical, a minimally invasive intervention, surgery or some combination, from a multidisciplinary team in one state-of-the art location.”

The UF Health Comprehensive Spine Center is open 8 a.m. to 5 p.m. Monday through Friday and is located in the neuromedicine practice within the UF Health Neuromedicine Hospital. Visit UFHealth.org/SpineCenter for more information. ■

UF HEALTH SHANDS | AWARDS+KUDOS

SIX ADULT MEDICAL SPECIALTIES NATIONALLY RANKED BY U.S. NEWS & WORLD REPORT

UF Health Shands tops Florida hospitals for most adult and pediatric specialties

BY BILL LEVESQUE



UF Health Shands Hospital ranks among the nation’s best in six specialties in the 2018-19 U.S. News & World Report “Best Hospitals” survey, placing highest in Florida in pulmonology and in neurology and neurosurgery.

UF Health Shands ranked No. 2 overall among Florida hospitals. No Florida hospital has more than six adult specialties ranked in the nation’s Top 50. And for the fourth year in a row, UF Health Shands ranked in more adult and pediatric specialties than any other hospital in the state — a total of 12, factoring in the children’s hospitals rankings released in June.

UF Health Shands’ highest-ranked adult specialty nationally is pulmonology at 22nd. Also ranked are nephrology (27th), geriatrics (32nd), neurology and neurosurgery (32nd), diabetes and endocrinology (39th), and gastroenterology and GI surgery (46th).

“We take great pride in our UF Health Shands team and the

unwavering skill and commitment they bring to patient care, and these rankings are a reflection of their dedication,” said **David R. Nelson, M.D.**, interim senior vice president for health affairs at UF and president of UF Health. “Our patients expect the best from us. And we do everything we can to ensure we are deserving of the trust they place in UF Health.”

Four additional specialties — cancer, cardiology and heart surgery, orthopaedics and urology — are rated as “high performing” for ranking in the top 10 percent of the hospitals surveyed by U.S. News.

“The physicians, nurses and staff of a great hospital system recognize that the respect of patients is something that can never be taken for granted and must be continually renewed,” said UF Health Shands CEO **Ed Jimenez**. “We all work tirelessly to provide our patients with the highest standard of care. We’re honored that



U.S. News has again recognized our efforts. But we know the job of providing great health care begins anew tomorrow, one patient at a time.”

Pulmonology jumped 12 spots in the rankings, up from last year’s 34th. The division has a highly regarded lung transplant program and was recently designated as a member of the Pulmonary Fibrosis Foundation’s Care Center Network. Medical centers in the network — the division is one of 60 nationwide — have the highest level of expertise and resources for the treatment of interstitial lung disease.

“We are very pleased by the new ranking of our division,” said **Borna Mehrad, M.D.**, a UF College of Medicine professor and chief of pulmonary, critical care and sleep medicine. “This recognition is representative of the ongoing efforts of UF and UF Health Shands Hospital to provide the highest quality of care to patients with lung disease and critical illness in our region.”

U.S. News also evaluated treatment involving “common procedures and conditions” at UF Health Shands Hospital and

rated five as “high performing.” Those are abdominal aortic aneurysm repair, colon cancer surgery, knee replacement, heart failure and chronic obstructive pulmonary disease.

“These rankings are a testament to the outstanding work and dedication of our faculty, staff and clinical care teams at UF Health in each of our core missions of clinical care, research and education,” said **Joseph A. Tyndall, M.D., M.P.H., FACEP, FAAEM**, UF College of Medicine interim dean and a professor and chair of emergency medicine. “We have an unstoppable commitment to excellence.”

“Best Hospitals” rankings are based largely on objective measures such as risk-adjusted survival and readmission rates, patient volume, patient experience and safety, and quality of nursing, among several metrics, according to U.S. News.

U.S. News evaluated about 4,500 medical centers nationwide in 25 specialties, procedures and conditions. Only 158 hospitals were ranked in at least one specialty. ■

PULSEPOINT APP HELPS DELIVER QUICKER RESPONSE

UF Health and county agencies collaborate on CPR app

BY TYLER M. FRANCISCHINE



Vicki Arnett, UF Health Shands respiratory therapist and member of the CPR training team, demonstrates hands-only CPR during the PulsePoint news conference.

UF Health, Alachua County and city of Gainesville emergency first responders announced the launch of a smartphone app that alerts individuals to a nearby cardiac emergency and empowers them to help. PulsePoint Respond alerts citizens trained in CPR to the whereabouts of an individual suffering sudden cardiac arrest so they're able to deliver hands-only chest compressions until emergency medical teams arrive. The app, which does not alert participants to a cardiac arrest occurring in a private residence, provides directions to the person in need.

The CPR app was integrated into the county's Combined Communications Center in August as part of an internal launch. Once area smartphone users download PulsePoint Respond, the 911 center triggers the app to immediately alert citizen rescuers of the need for CPR at the same time paramedics are dispatched. The app also guides users in the delivery of CPR and directs bystanders to the exact location of the closest publicly accessible automated external defibrillator, or AED.

PulsePoint Respond is available throughout Alachua County thanks to support from the UF College of Medicine's Jerome H. Modell, M.D., Professorship of Anesthesiology fund. UF Health officials hope the availability and use of the app will help duplicate the 50 percent increased survival rates from cardiac arrest experienced by other communities that have implemented this system.

"Our community is the perfect place to activate the PulsePoint program because we are fortunate to have a large number of citizens with health care training," said **David R. Nelson, M.D.**, interim senior vice president for health affairs at UF and president of UF Health. "If most of us participate, we can double the survival rate from out-of-hospital cardiac arrests, as experienced by other communities with this smartphone app." ■

Visit pulsepoint.org/pulsepoint-respond/ for more information on the app. To download PulsePoint Respond, visit the Google Play Store or Apple App Store.

UF HEALTH AND CARESPOT URGENT CARE EXTEND AFFILIATION TO OCALA

New center complements three Gainesville locations

BY BILL LEVESQUE



UF Health and CareSpot Urgent Care have extended our affiliation to include a CareSpot location in Ocala, a collaboration offering Marion County residents the option of UF Health's array of services for follow-up care.

This complements the three CareSpot Urgent Care locations in Gainesville already affiliated with UF Health.

This new Ocala affiliation went into effect Sept. 1. CareSpot in Ocala is located at 2415 SW College Road. The facility is open from 8 a.m. to 8 p.m. Monday through Friday, and from 8 a.m. to 5 p.m. on weekends, including holidays.

"We have been affiliated with UF Health in Gainesville for nearly 10 years, and we are excited to extend that affiliation to include our Ocala location," said Eric Enderle, CEO of

CareSpot Urgent Care. "CareSpot is committed to improving how people experience health care, and our affiliation with UF Health better positions us to achieve the vision. We are pleased that we can now offer our Ocala patients the option of accessing the broader resources of UF Health if they have a need for follow-up care."

UF Health Shands CEO **Ed Jimenez** said a strong and vibrant collaboration has developed between UF Health and CareSpot, and it seemed a natural progression to work together in Marion County.

"This venture is our next step in bringing UF Health's outstanding caliber of care to the residents of Marion County," he said. "We have a commitment to the residents of the county and to the idea that top-tier health care need not be limited by geographic borders."

CareSpot fills the gap for patients who might not be able to immediately see their primary care physician and for when the medical need is not serious enough for an emergency room visit, CareSpot officials said.

Non-emergent medical conditions such as sprains, cuts, minor burns or upper respiratory infections can be treated at CareSpot locations, which also offer wellness care and occupational health care services such as X-rays, vaccinations, lab tests and physicals.

Patients are never required to make an appointment, but online scheduling and call-ahead options are available. Walk-ins are always welcome.

If a patient requires more specialized care or access to a primary care physician following an urgent care visit, CareSpot provides the option of arranging that care with UF Health.

"At UF Health, we are continuously thinking about the needs of the communities we serve and we believe we can collaboratively build on the excellent foundation laid by CareSpot," Jimenez said. "Together, we will offer the best patient care experience possible and make excellent health care more accessible to the community." ■

UF HEALTH SHANDS | CARE+QUALITY

PEDIATRIC AND ADULT ECMO PROGRAM EARNs INTERNATIONAL HONOR

Award recognizes hard work of physicians, nurses and ECMO specialists

BY CATIE WEGMAN



PHOTO BY JESSE JONES

(From left) Tim Bantle, R.R.T., UF Health Shands Respiratory Care supervisor and ECMO coordinator, along with Jeff Brown, R.R.T., ECMO specialist, examine a portable ECMO machine that enables critically ill patients to be more easily transported to UF Health Shands Hospital.

Our teams at UF Health Shands who operate unique machines that help keep patients alive at their most vulnerable moments have been honored with an international award for excellence.

The Extracorporeal Life Support Organization, or ELSO, has given UF Health Shands its Gold Level ELSO Award for Excellence in Life Support for our exceptional care in using extracorporeal membrane oxygenation, or ECMO, in both pediatric and adult programs. We were recognized for using the highest-quality measures in patient care and providing a healing environment through training, education and communication.

“ECMO is a process where blood is pumped through an oxygenator outside of the body because a patient’s heart or lungs aren’t working as they should,” said **Tim Bantle, R.R.T.**, UF Health Shands Respiratory Care supervisor and ECMO coordinator.

We began using ECMO at UF Health Shands Children’s Hospital in 1991 primarily as a neonatal program. The adult program began in 2015.

Since the program’s beginning, UF Health Shands staff has cared for 589 patients using ECMO and the program has a survival rate of 76 percent, higher than the national survival rates, which range from 50 to 71 percent.

“Our percent is better than the national average,” Bantle said. “So, we take pride in that.”

Before the adult program, he said UF Health Shands was seeing about 25 to 30 ECMO cases a year. This past year, the team served 70 patients using ECMO.

“There’s a real challenge in supporting an adult,” he said, “It’s a difficult patient population, but we have had really good outcomes.”

Bantle attributes earning the ELSO award to many factors, including the significant support of UF Health Shands administration.

“We now have 10 core ECMO specialists, a fleet of the most advanced ECMO machines available and a network of physicians across UF Health who support and share our vision. We have completely revamped our ECMO program,” Bantle said. “We’ve re-established ourselves as a true center of excellence.”

For **Saleem Islam, M.D., M.P.H.**, director of the pediatric ECMO program and a UF College of Medicine professor and chief of pediatric surgery, the award recognizes the hard work being done by the faculty physicians, nurses and ECMO specialists.

“We are pleased and feel that we can do even better,” Islam said. “We want to continue to improve outcomes, refine protocols and define research avenues and parameters to advance care for all.”

Tiago Machuca, M.D., Ph.D., director of the adult ECMO program and a College of Medicine associate professor of surgery, said his favorite part of being involved with the program is seeing patients recover when their risk of dying had far exceeded their chance for survival.

Machuca said, “When you’re able to act on that situation and turn around a patient’s outcome ... to see the patient recover and walk out of the hospital, that’s the best part.”

UF HEALTH | GROWTH+EXPANSION

INFUSION CLINIC UPDATED FOR IMPROVED PATIENT EXPERIENCE, CLINICAL TRIALS

BY KACEY FINCH

The team at the UF Health Shands Infusion Center, located at the Davis Cancer Pavilion, unveiled their expanded and renovated adult infusion clinic in September. They added 14 more chairs, for a total of 50, to accommodate our growing patient population.

“The infusion clinic has grown tremendously over the last several years and we had reached capacity for space and infusion chairs,” said **Michele Scavone-Stone, M.Ed.**, UF Health Shands Infusion Center ambulatory care unit manager. “The renovations opened up the center so that we can serve more patients in a timelier and more flexible manner.”

Besides needing more room for patients, the renovations were necessary to enhance the patient experience and safety, Stone said.

The renovated infusion space now has walls between infusion chairs, allowing for a more private experience while still allowing the nursing staff an easy view of patients. The space also received a fresh color scheme, and each infusion chair has outlets and USB ports.

“Receiving an infusion can last any length of time so we want it to be as comfortable as possible for the patient,” Scavone-Stone said.

The renovated space now fosters multidisciplinary care for clinical trial participants with a new Phase 1 clinical trials component. An adjacent clinical trials laboratory includes a clinical research-dedicated -80°C lab freezer, a refrigerated centrifuge and cabinetry that will be used for blood sample processing.

The renovation and Phase 1 space demonstrate UF Health’s long-term commitment to early investigator trials, said **David DeRemer, Pharm.D.**, a UF College of Pharmacy clinical assistant professor and assistant director of the UF Health Cancer Center Experimental Therapeutics Incubator Program.

“We have recently added trials from the NCI Experimental Therapeutics Clinical Trials Network into our portfolio,” DeRemer said. “We are excited about observing direct patient benefits from these trials for our patients in the state and region.”

UF HEALTH SHANDS | FINANCE+FUNDRAISING

UNITE WITH US OCT. 22 - NOV. 16

For a few dollars a week, you can change the course of someone’s life right here in North Central Florida.

- \$1 per week** 22 nutritious meals for isolated seniors in rural communities
- \$2 per week** 55 meals for food-insecure people in North Central Florida
- \$3 per week** financial literacy training for two survivors of domestic violence

- \$5 per week** one year of after-school care, tutoring, life skills and test prep for an at-risk middle schooler
- \$10 per week** 30 hours of trauma counseling for a child and family who have experienced abuse
- \$20 per week** dental procedures for six rural and low-income people in the area *Leadership-Level Giving*

UNITE WITH US TODAY! Visit the Bridge at and search “United Way” to participate in this year’s fundraising campaign.

UF HEALTH | AWARDS+KUDOS

UF HEALTH SHANDS MAKES INDEED'S TOP-RATED WORKPLACES BEST HOSPITALS LIST AT NO. 15

UF Health Shands is included in Indeed's list of the 2018 Top-Rated Workplaces for hospitals, which recognizes the 25 "Best Hospitals" in the U.S. We are No. 15.

For this year's list, Indeed analyzed over 72 million ratings and reviews from current and previous employees to assess which workplaces provided the best employee experiences. Health care companies needed to have at least 100 reviews submitted between January 2016 and January 2018.

Common themes that emerged among reviews of the hospitals listed included room for professional growth, supportive management and positive attitudes among co-workers.

Additionally, all of the hospitals on the top-rated list have affiliations with universities and colleges to support and train future health care professionals.

"We've just had excellent employee engagement scores and this externally validates what we're hearing from staff in the hospital system," said **Janet Christie**, UF Health Shands Human Resources senior vice president. "It shows we're on the right track and encourages us to keep focusing on making this a rewarding place to work."

UF HEALTH | GROWTH+EXPANSION

ARCHER ROAD CONSTRUCTION UNDERWAY



For the next several months, Archer Road will be under construction near UF Health Shands Hospital and UF Health Shands Cancer Hospital as well as our nearby visitor and employee parking garages a few blocks west. The final design will include better lighting, lower speed limits and pedestrian safety features that include a mid-block crosswalk. These features

will create a safer environment that will benefit UF Health faculty, staff, patients and visitors.

During construction there will be uneven surfaces, construction equipment, traffic pattern changes and pedestrian path changes. Please do not cross construction barriers such as the orange fences or concrete barriers. These barriers are in place for your safety and the safety of construction workers. Staff members parking in the blue decal Parking Garage 9 on Archer Road and the Triangle Lot adjacent to the ShandsCair helipad should cross the street at Gale Lemerand Drive, Center Drive or 16th Street.

Please communicate with the UF Health Shands Safety department at 352-265-0028 if you have a concern about an unsafe condition at the construction site.

Thank you for adhering to these safety protocols.

VISIT BLUEPRINTS ON BRIDGE (under "News & Events") for updates about construction and growth.

UF HEALTH | RESEARCH+DISCOVERY

LAB NOTES

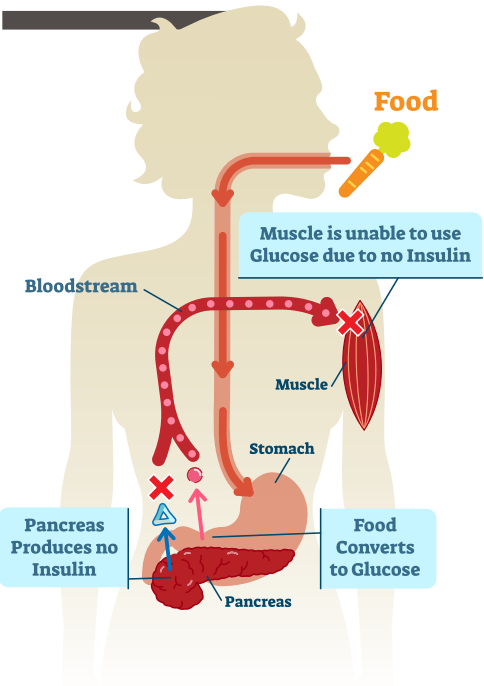
Check out recent research developments at UF Health

BY DOUG BENNETT



DRUG PRESERVES INSULIN PRODUCTION IN NEW TYPE 1 DIABETES CASES

A drug used to help kidney transplant recipients ward off rejection of their new organs is showing promise in another area: preserving insulin production in newly diagnosed Type 1 diabetes patients. A TrialNet study led by UF Health researchers sought to determine whether the drug thymoglobulin, alone or in combination with another drug, could slow insulin loss. Clinical trial participants given a low dose of the medication, also known as ATG, had higher levels of insulin production compared with placebo recipients. The drug also significantly reduced hemoglobin A1C levels, a long-term measure of average blood sugar levels.



GENETIC 'SWITCH' CAN IMPACT ASTHMA, PARASITIC TREATMENTS

Asthma and parasitic worms share a common genetic trait — a "molecular switch" that can be manipulated to reduce asthma or boost the anti-parasite response. UF Health researchers found a novel molecular switch that can activate certain target genes and block expression of others in mice. Mice that lacked a gene transcription factor known as BCL11B had less severe asthma but also a diminished ability to clear parasitic infections. That genetic deficiency influences how certain immune (CD4+) cells evolve, which ultimately affects the severity of asthma and parasitic infections. ■

UF HEALTH | HOSPITALITY+SERVICE

TOGETHER WE'RE BETTER – A MOTTO TO LIVE BY

Employee's service transcends job descriptions

BY AMY COOK



During his celebration reception, David S. Guzik, M.D., Ph.D., personally thanked Leola Hart for upholding the Hospitality & Service Standards of Behavior.

After working at an organization for more than 38 years, most people would feel quite comfortable. **Leola Hart**, UF Health Managed Care associate PSA account manager, has a different perspective.

“Each day I come to work, I pretend that I’m a brand new employee and I have to prove myself,” Hart said.

One afternoon, an opportunity to practice this mindset came about when a man passed by Hart’s office in the 1329 Building looking for the GatorCare office. Instead of simply pointing him in the right direction, Hart rose from her desk and asked if she could walk him to his destination. It wasn’t until they arrived that she learned he was **David S. Guzik, M.D., Ph.D.**, who at the time was our senior vice president for health affairs at UF and president of UF Health. Even if she had known who she was escorting, Hart wouldn’t have done anything differently.

“I didn’t realize he was the boss of the bosses,” Hart said. “But it doesn’t matter to me who somebody is or what position they have. I treat all people the same. I treat them the way I want to be treated.”

Guzick showed his appreciation for Hart’s kind behavior by commending her at his celebration reception when he stepped down from his executive role. Hart was touched by the recognition — and she was also surprised. She goes out of her way for others each day without expecting acknowledgment.

Serving others through excellent hospitality is one of Hart’s top priorities. She feels that it’s necessary to lend a helping hand because everyone needs assistance sometimes, no matter their role. Her motto, “Together we’re better,” demonstrates her belief that people from all positions are needed to get the job of our academic health center done effectively.

“Each day I come to work, I pretend that I’m a brand new employee, and I have to prove myself.”



Hart attributes much of her hospitality skills to UF Health, especially because of her long career here.

“I am continually encouraged to better myself while working here,” Hart said. “No matter who we are, we can always do better. UF Health has built me up in this area, and has even more since we implemented the Hospitality program.”

Hospitality and Service training rolled out to faculty and staff across UF Health Shands, UF Health Physicians and the UF Health College of Medicine in fall 2014. The goal of the hospitality program was to create a culture shift and serve as the framework for thoughtful and respectful customer-focused standards of behavior used by everyone who provides or supports patient care. Since its inception, approximately 11,500 faculty, employees,

housestaff and volunteers have completed 30,000 hours of training. Shortly after, ‘Hospitality Huddles’ were introduced to keep the momentum moving forward.

Hart aims to give back by practicing what she has learned about hospitality and by supporting co-workers from all areas of the hospital.

“I believe in doing whatever I can to help everyone,” she said. “We need to support each other — regardless of job descriptions — to get everything working beautifully. Together we’re better.”

Learn more about Hospitality and Service and our monthly Huddles on the UF Health Bridge at [Bridge.UFHealth.org/hospitality](https://bridge.UFHealth.org/hospitality)

UF HEALTH | EVENTS+ACTIVITIES



Family, friends and co-workers gathered to celebrate the career of Timothy Flynn, M.D., FACS, UF College of Medicine senior associate dean for clinical affairs and former UF Health Shands chief medical officer. Flynn is retiring after more than 40 years of practicing medicine. Flynn served as chief medical officer for six years and was responsible for the direction and oversight of the medical staff practicing at UF Health Shands hospitals and outpatient programs. He served as a champion for expert nursing and patient care.

UF HEALTH SHANDS | BENEFITS+TRAINING

GET READY FOR BENEFITS OPEN ENROLLMENT

Nov. 1-30: Select your employee and family benefits

BY MICHELLE MOORE

Benefits Open Enrollment for UF Health Shands employees begins Nov. 1 and closes Nov. 30. Be sure to review your current plan to ensure you are enrolled in the benefits that best satisfy your and your family’s health needs for the upcoming 2019 plan year.

Look for the UF Health Shands Human Resources Benefits Newsletter in your home mailbox the week of Oct. 22 — it outlines changes to this year’s benefit plans and guides you through the enrollment process.

Complete your Benefits Open Enrollment online or in person with an enroller.

Visit the Bridge homepage, hover over “Employee Services,” click on “HR Gainesville – Shands,” then “Self-Service,” then “Visit HR Self-Service Now.” You will log in using your Shands ID and password. Be sure to hit “submit” if you make any changes to your plan or the changes will not save. Please print or save your confirmation sheet.

Visit enrollers in the UF Health Shands Hospital Atrium and at offsite locations for assistance in choosing the right benefits plan. Employees must contact their supervisors to schedule a one-on-one consultation with an enroller.

“Open Enrollment is the only time that employees can make changes to their benefits package,” said David Thaxton, vice president of The Elan Group, an employee benefits firm that will staff our enrollment events. “Enrollers are there to help employees navigate the system. We can give guidance on how to choose the proper plan that fits each employee’s needs.”

Enrollers can inform you about voluntary plans — including accident plans, cancer policies and life insurance — to help you decide if they are right for you. Pharmacy vendors and medical third-party administrators will also be available to answer questions during the annual benefits fair the week of Nov. 13.

Be sure to stay up to date on your benefits plan; there are changes for the upcoming plan year.

Please be aware of automatic enrollment. If you previously waived GatorCare coverage, you must waive coverage again each year or you will be automatically enrolled in Prime Plus employee-only coverage.

A note about other elections: Flexible spending accounts (HCRA and DCRA) must be elected every year — these plans do not roll over to the new year and they require a new election.

On Dec. 16, HR will ask employees to review their benefits summary for their 2019 plan year elections. If there are any discrepancies in your plan, please visit Bridge.UFHealth.org/Shands-HR or call the UF Health Shands Benefits office at 352-265-0043. **+**

OPEN ENROLLMENT TIMELINE

WEEK OF OCT. 22
CHECK YOUR HOME MAILBOX FOR AN OPEN ENROLLMENT NEWSLETTER.

NOV. 1
OPEN ENROLLMENT BEGINS ONLINE.

NOV. 1-30
EXCLUDING HOLIDAYS, ENROLLERS IN THE UF HEALTH SHANDS HOSPITAL ATRIUM AND AT OFFSITE LOCATIONS WILL ANSWER QUESTIONS AND PROVIDE GUIDANCE.

NOV. 13-15
BENEFITS FAIR IN THE UF HEALTH SHANDS HOSPITAL ATRIUM.

NOV. 16
BENEFITS FAIR AT UF HEALTH SHANDS REHAB HOSPITAL AND UF HEALTH SHANDS PSYCHIATRIC HOSPITAL.

NOV. 30
OPEN ENROLLMENT CLOSING TO ALLOW TIME FOR REQUESTS TO BE PROCESSED. LAST DAY ENROLLERS WILL BE IN THE ATRIUM.

DEC. 16
OUR 2019 BENEFITS ELECTIONS WILL BE AVAILABLE TO REVIEW ON BRIDGE.

FLU VACCINATION DEADLINE APPROACHING

Read FAQs and answers about our policies and procedures

BY RACHEL RIVERA



Don't surrender to the flu.

Faculty, residents, staff and volunteers who haven't received a flu vaccination by Oct. 30 will be required to wear a surgical/procedural mask in patient care areas during flu season, which runs through April 30.

CAN I GET A NO-COST FLU VACCINATION AT UF HEALTH?

Yes. In October, UF Health Shands Occupational Health Services and the UF Student Health Care Center co-host multiple flu vaccination events at UF Health. When both OHS and SHCC staff are on site, all UF faculty, staff and students; UF Health Shands employees and volunteers; and credentialed ARNPs, physician assistants and medical staff can receive a no-cost flu vaccination.

Additionally, the following staff can visit OHS in UF Health Shands Hospital Room 1004 from 7 a.m. to 5 p.m. Monday through Friday to receive a free flu shot with their employee ID badge:

- UF Health Shands employees and volunteers
- UF Health Physicians employees
- UF College of Medicine faculty physicians, residents and fellows
- Credentialed ARNPs
- Credentialed physician assistants
- Credentialed medical staff

HOW CAN I SHOW THAT I RECEIVED MY VACCINATION?

When you receive your vaccination at UF Health, you'll be provided with a new orange sticker to display on your ID badge. If you received your flu shot elsewhere, please submit proof of vaccination to OHS to get your sticker.

IF I OPT OUT OF THE FLU VACCINATION, WHERE WILL I HAVE TO WEAR A MASK?

If you choose to opt out of flu vaccination, please visit Flu Central at Bridge.UFHealth.org/flu for details about the declination process. You will be required to wear a mask in UF Health Shands and UF Health Physicians patient care areas, including:

- Admissions and registration areas
- Examination and procedure rooms
- Inpatient units
- Open care areas such as holding/waiting areas and post-anesthesia care units
- Patient waiting areas
- Outpatient practices and programs
- Off-site home care settings

VISIT BRIDGE.UFHEALTH.ORG/FLU FOR MORE INFORMATION



Dry cough



Chills



Fever



Runny nose



Headache



Muscle aches



Our leaders will not surrender to the flu! (From left) Ed Jimenez, UF Health Shands CEO; Irene Alexaitis, D.N.P., R.N., NEA-BC, UF Health Shands Hospital chief nursing officer and Nursing and Patient Services vice president; Joseph A. Tyndall, M.D., M.P.H., FACP, FAAEM, UF College of Medicine interim dean and professor and chair of emergency medicine; and David R. Nelson, M.D., interim senior vice president for health affairs at UF and president of UF Health.

"The influenza virus functions differently than other viruses as it is constantly changing. There is an effort to predict what viruses will circulate each season based on information about flu viruses from the previous season. The important thing to know is that even if the prediction is not a perfect match, you are provided protection by receiving a flu vaccine. Each year that you receive a flu vaccine, you build upon that protection.

"Each year, adults and children die from influenza. Last year in Florida, all the children who died from influenza were unvaccinated. Nationally, 80 percent of the children who died were not fully vaccinated. Although the flu vaccine is not as effective against prevention of illness as other vaccines, it is associated with substantial reduction in severe outcomes such as hospitalization, ICU admission and death."

— Michele Lossius, M.D., FAAP, UF College of Medicine clinical assistant professor of pediatrics

UF HEALTH SHANDS | EVENTS+ACTIVITIES

SUPPORT BREAST CANCER RESEARCH AT UF HEALTH

Events offer different ways to get involved

BY JESSICA BARTON

About one in eight women will be diagnosed with breast cancer in her lifetime. Breast cancer is the second-leading cause of cancer death among women. In recent years, however, we have seen a gradual reduction in female breast cancer incidence rates among women aged 50 and older.

This is why Breast Cancer Awareness Month is so important. There are many opportunities for the UF Health community to offer our support to those researching, fighting and surviving this disease.

OCT. 20

MAKING STRIDES AGAINST BREAST CANCER

Did you get out your walking shoes for the 5K that runs pink? The American Cancer Society Making Strides Against Breast Cancer walk was held Saturday, Oct. 20 in downtown Gainesville.

Last year, 22 teams made up of 430 UF Health employees participated and raised more than \$15,000 for the event. Dollars raised enable the ACS to fund groundbreaking breast cancer research; provide free, comprehensive information and support to those touched by the disease; and help people take steps to reduce their breast cancer risk or find it early when it's most treatable.

Visit makingstrideswalk.org/gainesvillefl to learn more about the Making Strides Against Breast Cancer event.



OCT. 28

PINK PUMPKIN PEDAL-OFF

Start pedaling as we get ready for this annual pink cycling event. The Pink Pumpkin Pedal-Off, a charity bike ride throughout scenic Gainesville, will be Sunday, Oct. 28.

Riders will have their choice of three different routes: 22, 40 or 62.5 miles. All three routes include a tour of the beautiful UF campus, Gainesville's restored depot and historic areas and the traffic-free Gainesville Hawthorne Trail.

Visit pinkpumpkinpedaloff.org to join a team or to support the event by purchasing a Pink Ribbon Jersey.

